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LEAN THOUGHTS

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A THOUGHT TO LEAVE YOU WITH ...

During a difficult period of my business career I was working very hard, doing what I thought was right by my staff, management and shareholders. Yet, the more successful I was, the more people above me would criticise.

One day I received the nastiest of memos, copied to my co-directors. Its contents were not only unfair, but untrue. My reply, which I circulated to the same people, was brief, "I'm responsible for having performed 120% of your division's profits. The attached 'Do Good Anyway' sums up my feelings."

I have since given it to others who have felt let down, misled or misunderstood. I conclude this book by reproducing it. At the right moment you, too, might find it reassuring.

Do Good Anyway

- *People are illogical, unreasonable and self centred. Love them and trust them anyway.*
- *If you do good, people will accuse you of selfish or ulterior motives. But do good anyway.*
- *If you are successful, you win false friends and true enemies. Succeed anyway.*
- *The good you do today will be forgotten tomorrow. But do good anyway.*
- *Honesty and frankness make you vulnerable. Be honest and frank anyway.*
- *The biggest men with the biggest ideas can be shot down by the smallest men with the smallest minds. Think big anyway.*
- *People favour the underdogs, but follow only the top dogs. Fight for the underdog anyway.*
- *What you spend years building may be destroyed overnight. Build anyway.*
- *People really need help, but attack you if you help them. Help them anyway.*

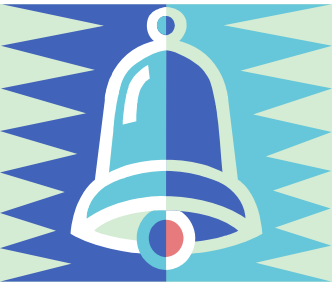
Kevin Weldon, 1995, (Good Enough is Never Good Enough)

LEAN CONSORTIUM MEMBERS:

- CFN Precision
- CGL
- CTS Canada
- EATON Cutler Hammer
- KRAFT
- LA-Z-BOY- Residential
- MESSIER-DOWTY
- MORRISON LAMOTHE
- ORENDA
- NESTLE WATERS CANADA
- STACKPOLE



Where “Lean
Thoughts”
Become Reality



If the World Were a Village of 100 People

If we could reduce the world's population to a village of precisely 100 people, with all existing human ratios remaining the same, the demographics would look something like this:

The village would have 60 Asians, 14 Africans, 12 Europeans, 8 Latin Americans, 5 from the USA and Canada, and 1 from the South Pacific

51 would be male, 49 would be female

82 would be non-white; 18 white

67 would be non-Christian; 33 would be Christian

80 would live in substandard housing

67 would be unable to read

50 would be malnourished and 1 dying of starvation

33 would be without access to a safe water supply

39 would lack access to improved sanitation

24 would not have any electricity (And of the 76 that do have electricity, most would only use it for light at night.)

7 people would have access to the Internet

1 would have a college education

1 would have HIV

2 would be near birth; 1 near death

5 would control 32% of the entire world's wealth; all 5 would be US citizens

33 would be receiving --and attempting to live on-- only 3% of the income of “the village”

Stress Management

A lecturer, when explaining stress management to an audience, raised a glass of water and asked, "How heavy is this glass of water?" Answers called out ranged from 20g to 500g. The lecturer replied, "The absolute weight doesn't matter.

It depends on how long you try to hold it.

If I hold it for a minute, that's not a problem.

If I hold it for an hour, I'll have an ache in my right arm.

If I hold it for a day, you'll have to call an ambulance.

In each case, it's the same weight, but the longer I hold it, the heavier it becomes."

He continued,

"And that's the way it is with stress management.

If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on."

"As with the glass of water, you have to put it down for a while and rest before holding it again.

When we're refreshed, we can carry on with the burden."

"So, before you go home for Christmas, put the burden of work down. Don't carry it home.

You can pick it up again next year.

Whatever burdens you're carrying now, let them down for a moment if you can."

So, my friend, why not take a while to just simply **RELAX**.

Put down anything that may be a burden to you right now.

Don't pick it up again until after you've rested a while. Life is short.

Enjoy it!

Here are some great ways of dealing with the burdens of life:

* Accept that some days you're the pigeon, and some days you're the statue.

* Always keep your words soft and sweet, just in case you have to eat them.

* Always read stuff that will make you look good if you die in the middle of it.

* Drive carefully. It's not only cars that can be recalled by their maker.

* If you can't be kind, at least have the decency to be vague.

* If you lend someone \$20 and never see that person again, it was probably worth it

* It may be that your sole purpose in life is simply to serve as a warning to others.

* Never buy a car you can't push.

* Never put both feet in your mouth at the same time, because ! then you won't have a leg to stand on.

* Nobody cares if you can't dance well. Just get up and dance.

* Since it's the early worm that gets eaten by the bird, sleep late.

* The second mouse gets the cheese.

Have an awesome Christmas and know that someone has thought about you

Tour Workshop Conference

Consortium Event Schedule



January	February	March	April	May	June
T Wednesday 25 <u>Eaton Electrical</u> , contact Joe Fisher, JoeRFisher@eaton.com	T Wednesday 15, <u>CFN Precision</u> , contact Barry Wood, bwood@cfn-inc.com W Date & location TBA Your own "STEP Diagnostic" to create Vision, Mission and Direction Contact Richard Kunst Richard.kunst@la-z-boy.com	T Wednesday 22, <u>Nestle Waters</u> , contact Mariela Castano mcastano@perriergroup.com	T Wednesday 19, <u>CTS Corp.</u> , contact Bob Garces, Bob.Garces@ac.ctscorp.com Consortium Shareshowcase Saturday 29 <u>Kraft Oakville</u> . Contact Cindy Grolleman cindy.grolleman@stackpole.com	T Wednesday 17, <u>Stackpole CSD</u> , contact Don Barber Don.Barber@stackpole.ca W Date & location TBA "Compartmentalize the Noise" * Daily Report-outs * Standard work for Leaders Contact Richard Kunst Richard.kunst@la-z-boy.com	T Wednesday 21, <u>Morrison LaMothe</u> , contact Tony Vita tvita@morrisonlamthe.com C AME Regional Conference Mon 12 to Thurs 15 K-W Ontario Contact www.ame.org
July	August	September	October	November	December
	W Date & location TBA "Establish Anchors" * VSWI ... Visual Work Instructions * TPM ... Total Productive Maintenance Contact Richard Kunst Richard.kunst@la-z-boy.com	T Wednesday 20, <u>Kraft Foods</u> , contact Hanif Jivraj hjivraj@Kraft.com	T Wednesday 11, <u>Stackpole PMC</u> , contact Cindy Grolleman cindy.grolleman@stackpole.com C AME National Conference Mon 16 to Friday 20 Dallas, Texas Contact www.ame.org	T Wednesday 15, <u>Messier-Dowty</u> , contact Mike Smith Mike.Smith@Messier-dowty.on.ca W Date & location TBA Your own "Get Organized" * 5S+1 Contact Richard Kunst Richard.kunst@la-z-boy.com	