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# LEAN THOUGHTS

**Richard Kunst**

Tel: 519 841 0150

E-mail: [rkunst@kunstartofsolutions.com](mailto:rkunst@kunstartofsolutions.com) Web: [www.kunstartofsolutions.com](http://www.kunstartofsolutions.com)

## LEFT OR RIGHT BRAIN DOMINANCE

***Greetings, a big part of a successful Lean Implementation is the respect for people. But by providing the respect you need to understand them and also yourself. The combined energy is what will create the culture of your organization. There are several good personality profiling tools available in the market that can assist the organization conduct assessments ... but first as an organization you need to determine what kind of culture you desire and then recruit, retain and recognize towards that template.***

***Jim Pinto writes a regular e-newsletter and sometimes introduces us to some abstract views which are always fun and thought provoking and the following is an excellent example ... enjoy,***

***Richard***

The human brain has two hemispheres, left and right, connected at the base. Each hemisphere has unique functions, and the way you use these abilities determines a large part of your personality and behavior.

By the time humans are two years old, one hemisphere begins to dominate the decision-making process. The brain processes continue to improve until the age of about 15. Developing left-brain abilities is the predominant focus in schools and modern society.

Right-brained people are often misfits. In school, right-brained Albert Einstein was thought to be stupid. He would skip steps and couldn't explain his answers because his brain streaked toward the answer so quickly that he lost focus if forced to slow down. Leonardo Da Vinci, the inventor, scientist and artist was so right-brained that he needed to hold a mirror up to read his own mirror-image writing.

The left hemisphere is a "serial processor". It specializes in analytical thought and is responsible for dealing with "hard" facts such as structure, discipline, rules, time sequences, mathematics, categorizing, logic, rationality, and deductive reasoning. It is also responsible for details, knowledge, definitions, planning, goals, words, productivity, efficiency, science, technology, stability and physical activity. It mostly controls the right side of the body.

The right hemisphere is a "parallel processor" and specializes in "softer" aspects - intuition, feelings, sensitivity, emotions, daydreaming, visualizing, creativity, color, spatial awareness, first impressions. It is also responsible for rhythm, spontaneity, impulsiveness, physical senses, risk-taking, flexibility and variety, learning by experience, relationships, mysticism, play and sports, humor, motor skills. It mostly controls the left side of the body.

### LEAN CONSORTIUM MEMBERS:

- ACE Bakery
- Alumicor
- CGL
- CTS Canada
- EATON Cutler Hammer
- KRAFT
- LA-Z-BOY- Residential
- MESSIER-DOWTY
- MORRISON LAMOTHE
- ORENDA
- NESTLE WATERS CANADA



### Where “Lean Thoughts” Become Reality



So, the old belief that left-handed people are more creative does indeed have some scientific basis.

Neuroanatomist Jill Bolte Taylor has been studying brain functions for some years, and had an opportunity few brain scientists would wish for. One morning, she realized she was having a massive stroke.

She felt her left-brain functions slip away one by one - speech, movement, understanding. She studied and remembered every moment.

Follow the video link (below) to watch her powerful story about how our brains define us and connect us to the world and to one another.

A Brain-Type Test can determine which half of your brain is dominant, and to what degree. The test has 54 questions and can be done in about 10 minutes. Find out whether YOU are left- or right-brained.

The interesting point is that you can work to develop the non-dominant side of your brain, to help "balance" yourself. Take the test.

Are You Left-Brained or Right-Brained?  
Take the test:

<http://www.testcafe.com/lbrb/lbrb.html>

The Right Brain vs. Left Brain - Visual Test:

[http://www.metacafe.com/watch/870136/left\\_brain\\_v\\_right\\_brain\\_test/](http://www.metacafe.com/watch/870136/left_brain_v_right_brain_test/)

Video - Jill Bolte Taylor: My stroke of insight:

<http://www.ted.com/index.php/talks/view/id/229>

Wiki - Lateralization of brain function:

[http://en.wikipedia.org/wiki/Lateralization\\_of\\_brain\\_function](http://en.wikipedia.org/wiki/Lateralization_of_brain_function)

*Contact me if you need coaching or facilitation help in the areas such as but not limited to; 5S, Value Stream Mapping, Set-up Reduction, Problem Solving or Policy Deployment and Consortium Development*



### The Pit

A change agent fell into a pit and couldn't get himself out.

A subjective person came along and said, "I feel for you down there."

An objective person came along and said, "It's logical that someone would fall down there."

A Christian Scientist came along and said, "You only think you're in the pit."

A Pharisee said, "Only bad people fall into a pit."

Confucius said, "If you would have listened to me you wouldn't be in that pit."

Buddha said, "Your pit is only a state of mind."

A realist said, "That's a pit."

A scientist calculated the pressure necessary, pounds and square inches, to get him out of the pit.

A geologist told him to appreciate and study the rock strata.

An evolutionist said, "You are a rejected mutant destined to be removed from the evolutionary cycle, in other words he is going to die in the pit so he can't produce any more pit falling offspring."

The country inspector said, "Did you have a permit to dig that pit?"

A professor gave him a lecture on the elementary principles of the pit.

A self-pitying person said, "You haven't seen anything until you've seen my pit."

An optimist said, "Things could get worse."

A pessimist said, "Things are going to get worse."

A helpful fellow Change Agent with a sharing attitude saw the man in the pit, reached down, took him by the hand, and helped him out.

2008 Consortium Event Schedule



Tour Workshop Conference

January	February	March	April	May	June
<p><b>T</b></p> <p>Wednesday 16  <u>Eaton Electrical</u>,                      contact Joe Fisher,  <a href="mailto:JoeRFisher@eaton.com">JoeRFisher@eaton.com</a></p>	<p><b>T</b></p> <p>Wednesday 13,  <u>ACE Bakery</u>,                      contact Cindy Grolleman,  <a href="mailto:cgrolleman@cebakery.com">cgrolleman@cebakery.com</a></p>	<p><b>T</b></p> <p>Wednesday 19,  <u>Nestle Waters</u>,                      contact Mariela Castano  <a href="mailto:mcastano@perriergroup.com">mcastano@perriergroup.com</a></p>	<p><b>C</b></p> <p><b>Consortium                      Shareshowcase</b></p> <p>Saturday 05  <u>Eaton Milton</u>.                      Contact Cindy Grolleman  <a href="mailto:cgrolleman@cebakery.com">cgrolleman@cebakery.com</a>                      or Joe Fisher  <a href="mailto:JoeRFisher@eaton.com">JoeRFisher@eaton.com</a></p>	<p><b>T</b></p> <p>Wednesday 14,  <u>Alumicor</u>,                      contact Barry Wood  <a href="mailto:barry@Alumicor.com">barry@Alumicor.com</a></p>	<p><b>T</b></p> <p>Wednesday 18,  <u>Morrison LaMothe</u>,                      contact Tony Vita  <a href="mailto:tvita@morrisonlamthe.com">tvita@morrisonlamthe.com</a></p>
July	August	September	October	November	December
		<p><b>T</b></p> <p>Wednesday 24,  <u>Kraft Foods</u>,                      contact Hanif Jivraj  <a href="mailto:hjivraj@Kraft.com">hjivraj@Kraft.com</a></p>	<p><b>T</b></p> <p>Wednesday 16,  <u>CTS Corp.</u>,                      contact Navneet Mann,  <a href="mailto:navneet.mann@ac.ctscorp.com">navneet.mann@ac.ctscorp.com</a></p>	<p><b>T</b></p> <p>Wednesday 12,  <u>Messier-Dowty</u>,                      contact Mike Smith  <a href="mailto:Mike.Smith@Messier-dowty.on.ca">Mike.Smith@Messier-dowty.on.ca</a></p>	<p><b>T</b></p> <p>Wednesday 10,  <u>Orenda</u>,                      contact Brenda McIntosh  <a href="mailto:brendamcintosh@orenda.com">brendamcintosh@orenda.com</a></p>